TCBHS can help you with any questions you have about this notice. For help, call Monday through Friday, 8:00am to 5:00pm, excluding holidays, at: 1 (530) 623-8294 or the 24/7 toll-free telephone number is: 1 (888) 624-5820. If you have trouble speaking or hearing, please call: 711 (Telecommunications Relay Service), for help.

If you need this notice and/or other documents from the Plan in an alternative communication format such as large font, Braille, or an electric format, or, if you would like help reading the material, please contact Trinity County Behavioral Health Services (TCBHS) by calling: 1 (530) 623-1362.