

# Trinity County Safety Newsletter

## Superbowl Safety

If you're planning to host a Super Bowl party, it's important to keep your guests safe and healthy. Here are some tips to ensure that your party is penalty-free:

• Food safety: Begin your party food prep by washing hands with warm, soapy water for at least 20 seconds. Wash and sanitize dishware and utensils before using them to prepare, warm, cook or serve any

foods. Keep all raw meat and poultry away from readyto-eat foods while preparing and mixing items. Use clean and different utensils for each dish, and avoid using your own personal utensil to serve yourself foods from the buffet. <u>Ensure that all food items are cooked</u> to the appropriate temperature to prevent foodborne illnesses.

 Alcohol consumption: If you're serving alcohol, make sure to pace yourself and your guests. Encourage your guests to eat, take breaks, and alternate with nonalcoholic drinks. Designate a sober driver before the party begins and give that person your vehicle keys. If you're impaired, don't even think about getting behind the wheel.

I hope these tips help you plan a safe and enjoyable Super Bowl party!



-Spirit Day: "Favorite Sports Team" February 21st -Lincoln's Birthday February 12th -Presidents' Day February 19th - New Hire Orientation February 27th 8:00- 12:00

**Upcoming Events** 





#### LIBERT CASSIDY WHITMORE TRAINING

• LCW presents "The Disability Interactive Process"

February 21st, 9 am -12 pm

- If you would like to attend please register with Risk Management before February 7th.

#### UPCOMING TRINDEL TRAININGS

- Reasonable Suspicion for Non DoT Supervisors
  February 14th, 2 pm -3:30 pm
  - AB1825 Sexual Harassment for Supervisors

February 15th, 9 am - 11:30 am

Defensive Driving

February 15th, 2 pm -3 pm

- SB1343 Sexual Harassment for Non-Supervisors February 22nd, 2 pm - 3:20 pm
- Reasonable Suspicion for DOT Supervisors

February 29, 9 am - 10:30 am

DSR Spotlight- TBD

February 29th, 1:30 pm - 2:30pm

Supervisor's Academy

Best Practices for Your Interview Panel

February 29th, 9 am - 10:30 am

#### HEALTH AND WELLNESS



County employees enjoying lunch at Trinity Alp's Golf Course and Restaurant. On January 26th a special luncheon was held at the Trinity Alps Golf Course and Restaurant for those Trinity County employees who turned in over 150 tickets over the course of the year. Congratulations to Maddy Woodman from the CRA/Elections office for winning a \$100 gift card to a local business of their choice.

If you would like to participate in the program, you can participate by:

- Earn 1 ticket for participating in daily stretching
- Earn 1 ticket for every 5,000 steps during your workday, including lunch and breaks.
- Earn 1 ticket if you walk over 2 miles in the course of a week during work hours, including breaks and lunches.

A monthly raffle will be held where participant's can win a \$20 gift card to a local business of their choice.



#### **SPIRIT DAYS**

### "Decades"

Thank you all who participated in the past months Spirit Day theme of "Decades."









<u>Upcoming Spirit Day</u> February 21st "Favorite Sports Team"

