



TRINITY COUNTY HEALTH AND HUMAN SERVICES

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PRESS RELEASE

FOR IMMEDIATE RELEASE

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Trinity County Coronavirus (COVID-19) Health Advisory

TRINITY COUNTY – November 13, 2020 The California Department of Public Health (CDPH) has issued a Travel Advisory for all non-essential travel and has updated its gathering guidance. Non-essential travel includes travel that is considered tourism or recreational in nature <https://ca.usembassy.gov/travel-restrictions-fact-sheet/>.

The incidence of COVID-19 is increasing in many states and countries. Effective November 13, 2020 CDPH strongly recommends the following:

1. Persons arriving in California from other states or countries, including returning California residents, should practice self-quarantine for 14 days after arrival. These persons should limit their interactions to their immediate household. This recommendation does not apply to individuals who cross state or country borders for essential travel.
2. Californians are encouraged to stay home or in their region and avoid nonessential travel to other states or countries. Avoiding travel can reduce the risk of virus transmission and bringing the virus back to California.

CDPH Travel Advisory found at the following link:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID19/Travel-Advisory.aspx>

According to CDPH and the Centers for Disease Control (CDC), In general, the more people from different households that a person interacts with at a gathering, and the longer and closer the physical interaction is, the higher the risk that a person with a COVID-19 infection, symptomatic or asymptomatic, may spread it to others. Public health studies have also shown that the risk of transmission is increased in indoor spaces, particularly when there isn't appropriate



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ventilation. Unlike indoor spaces, wind and air in outdoor spaces can help reduce spread of the virus from one person to another.

CDC published planning scenarios estimate, on average, a person with COVID-19 goes on to infect between two (2) and four (4) people, with a best estimate of 2.5 persons when there are no preventive measures such as masking and social distancing. For example, if each infected person spreads the virus to two (2) people, who in turn spread it to two (2) others each; those four (4) will spread the virus to eight (8) others; those eight (8) will spread the virus to 16; and so on. As a result, after 10 transmission cycles, one person could be responsible for 1,024 other people contracting the virus. Additionally, there is broad agreement that people who are not experiencing symptoms can still spread COVID-19. The fact that COVID-19 can be spread by people who don't have symptoms or aren't showing symptoms yet is one of the aspects of COVID-19 that makes it difficult to control.

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/planning-scenarios.html>

CDPH updated gathering guidance includes the following:

- Gatherings Must be Outdoors for counties in the Purple Tier
- Gatherings that occur outdoors are significantly safer than indoor gatherings.
- Indoor gatherings are strongly discouraged in Red, Orange and Yellow Tiers.
 - If gathering indoors increase fresh air circulation by opening windows or doors, as much as possible, especially in the rooms where people are gathering.
- People at higher risk of severe illness or death from COVID-19 (such as older adults and people with chronic medical conditions) are strongly urged not to attend any gatherings, especially indoor gatherings.
- If higher-risk individuals do attend any gatherings, they should do the following to decrease the risk for exposure:
 - Spend as much time outside, or near outside air flow such as open windows or doors, as possible.
 - Wear a respirator or surgical mask instead of a cloth mask, and minimize any time at the event with the mask off.
 - Remain at least six feet and even further away, from others outside their household as much as possible, especially when people are eating or drinking without face coverings.
 - Spend a shorter time at the gathering than others to reduce potential exposure

CDPH Gathering Guidance Document found at the following link:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-for-the-Prevention-of-COVID-19-Transmission-for-Gatherings-November-2020.aspx>



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Trinity County has moved into a more restrictive Blueprint tier due to rising test positivity and case rates. Our county has moved from the yellow tier to the orange tier. All sectors must implement the restrictions and follow CDPH Guidance as provided under the orange tier effective Saturday, November 14, 2020 <https://covid19.ca.gov/safer-economy/>

For local information and statistics or to find additional resources visit www.trinitycounty.org.